

THE CENTER FOR DEPTH HEALING

www.LJHealing.com

MICHAEL B. ACKERMAN, D.C.
1110 TORREY PINES RD., SUITE G
LA JOLLA, CALIFORNIA 92037

PHONE: (619) 687-7676 FAX: (866) 831-4642

Name: [Mr., Mrs., Ms., Dr.] _____
Billing Address: _____ City: _____
State: _____ Zip Code: _____ Referred By: _____
Home Phone: _____ Cell Phone: _____ E-mail: _____
Employer: _____ Occupation: _____
Work Phone: _____ Work Address: _____ City: _____
State: _____ Zip Code: _____ Soc Sec# _____ - _____ - _____
Driver's License # _____ State: _____ Birth Date: _____ - _____ - _____
Credit Card # _____ Type: Visa / Master Card
Name (exactly as it appears on your card) _____
Expiration Date: _____ / _____ Signature: _____ Date _____

I authorize the billing of this credit card for all sessions and or missed appointments according to the terms of the office policy which follows...

Office Policy

(1) For Changes or Cancellations of Appointments: Since a large 3 hour block of time will be reserved for your appointment, please notify the office no less than **3 business days, 72 business hours** in advance (i.e., please call by Wednesday at 9:00 a.m., the week before, to change a Monday 9:00 a.m. session.) Failure to do so may result in a full charge for the missed appointment. **Note:** please **only** use the office voice mail # **(619) 687-7676** for changes or cancellations of appointments—messages left on other numbers or via e-mail are not regularly checked or reliably received, and you may be charged for a missed appointment.

(2) Cost and Length of Sessions: For a 50 minute healing session, the fee is \$75.00 (approximately half the charge of traditional forms of healing or counseling). If your session requires more time, you will be charged on a pro-rated basis for additional time at the same hourly rate. **The amount of time required for any particular healing session varies, ranging on the average between 1½ to 3 hours.** [For example, the pro-rated charge for a 90 minute session would be \$135.00.]

(3) Billings: Affordable interest-free fixed low monthly payment plans may be available upon request, and credit cards are billed twice monthly. Otherwise, please make payments at the close of each session. To eliminate the need for secretarial staff and to keep costs lower for all clients, **itemized billing statements of your account will be provided only upon your request.** Late payments greater than 15 business days past due may be charged a \$15.00 bookkeeping and billing fee. After 30 days, interest may accrue at 1.75% per month.

If you have any questions or concerns or problems at any time, please feel free to contact the office **voice mail** at **(619) 687-7676**. We will make every effort to return your call as soon as possible. For emergency or urgent needs, our number is **(858) 472-1857**.

The integrity of your emotional, spiritual, and physical health is our primary concern, and you will witness this commitment in the energy and effort that is dedicated to each session with you. May we extend you a *warm* welcome, and promises to offer you an ever-new and powerful opportunity for depth healing!

... Please see Side 2 ...

A NOTICE TO ALL HEALING CLIENTS

Healing sessions are a unique offering by Michael Ackerman. They are not a product of the Chiropractic educational training he received, but instead arose from the separate understanding and abilities he gleaned from years of study in India. It is hoped that these skills may serve to help people with their emotional issues and also enhance his work when treating physical pain and disease, in his other profession as a chiropractic doctor. You are invited to take advantage of his insights and methods for releasing the underlying emotional origins of stress, physical pain, and the various issues, challenges, and blocks you might have to reaching your personal life goals.

THE "SHADOW WORK" AGREEMENT

Sensitivity is often looked down upon and seen as a weakness in the business world and in our busy lives, while the ability to maintain our cool and calm exterior amidst great pressures and stress is often rewarded. Most of us have learned, therefore, to maintain an 'aloofness' or disconnection with respect to our emotional bodies, in order to feel less disturbances from the trying circumstances, situations, and people with whom we come into contact in the midst of our daily lives. In so doing, we leave large segments of our inner emotional world un-met and un-healed. After some time, even after we've achieved one or more of our outer goals, it is not uncommon to find that we still have not achieved the sense of the inner peace and joy we hoped would accompany our outward success.

During the healing process we are about to embark upon, we will be encountering and processing through large amounts of emotional issues which have never been fully faced or fully released. While this process is very natural (most children spontaneously know how to do it) this work does have a particular side-effect... It is likely that greater amounts of your previously switched-off emotional sensitivity will be regained, making you more aware of the unhealed emotional buttons (or wounds) which you are still carrying.

With this new found sensitivity, many things in life that you were tolerating and pushing out of your emotional consciousness will begin to become less tolerable. Thus, within the first several sessions, while a lot of improvement may be felt along the specific lines of the topics we face and process, you may become more sensitive to some of your issues in subject areas which we have not yet processed. This often prompts people to try to make radical changes in their outer lives, attempting to remove outer sources of stress and difficulty in an effort to restore equanimity and peace. Instead, however, patience is needed -- especially in the beginning -- so that we may continue to clear more and more of your emotional burden through "inner" work. This helps you to attain a true inner peace, in the midst of life's outer circumstances. For this reason, I ask all clients to make the following agreement while we are working together and immersed in the upcoming healing process:

While I am working toward inner transformation, I agree to make no significant changes in my outer life for 3 months from the date of our first session, including significant changes in my work, personal relationships, personal habits, exercise habits, diet, or changes of residence, etc., aside from those that I already have scheduled or to which I have previously committed.

Client Name _____

Signature _____ Date _____