

THE CENTER FOR DEPTH HEALING

www.LJHealing.com

MICHAEL B. ACKERMAN
1202 MORENA BLVD., SUITE 200
SAN DIEGO, CA 92110

Phone: (619) 687-7676 Fax: (858)290-7318

Name: [Mr., Mrs., Ms., Dr.] _____
Home Address: _____ City: _____
State: _____ Zip Code: _____ Referred By: _____
Home Phone: _____ Cell Phone: _____ E-mail: _____
Employer: _____ Occupation: _____
Work Phone: _____ Work Address: _____
City _____ State: _____ Zip Code: _____ Birth Date: __/__/____
Emergency Contact: _____ Relationship: _____ Phone: _____
Credit Card # _____ Visa or M/C Exp: __/__/____ CCV _____
Billing Address: _____ City: _____ State: _____ Zip: _____
Name on Card: _____ Signature: _____

For My Initial Visit I would like a 90 Minute Session or a Reach My Goal Session 3 hours are set aside - if needed.

I authorize the billing of this credit card for all sessions and missed appointments according to the terms of the office policy which follows...

Office Policy

(1) **For Changes or Cancellations of Appointments:** Since a large block of time will be reserved for your appointment, please notify the office no less than **3 business days, 72 business hours** in advance (i.e., please call by Wednesday at 2 p.m., the week before, to change a Monday 2 p.m. session.) Failure to do so may result in a full charge for the amount of time reserved for your missed appointment. **Note: please only use email for any kind of changes or for cancellations of appointments** — messages left on other numbers, via texts, or via voicemail are not regularly checked or reliably received, and you may be charged for a missed appointment.

(2) **Cost and Length of Sessions:** For each 60 minutes, the fee for a healing session is only \$125. If you schedule a "Reach My Goal" healing session, you will be charged on a pro-rated basis only for the actual time it takes to reach the desired goal for our session and achieve a state of clarity and joy. The amount of time that is required for each particular "Reach My Goal" healing session varies, ranging on the average between 1½ to a few hours. This is why a 3 hour block of time is reserved to adequately accommodate the majority of people's needs. Unless you request otherwise, all future sessions scheduled will be the same length as our initial session.

(Note: Michael kindly asks your permission to answer urgent or new client texts or calls which occur rarely during sessions. This is asked in exchange for the reduced fees he is able to offer by not having an office staff. He will definitely make up for any time missed from a call. If you do not want Michael to answer any calls during your sessions, you may ask for a new fee schedule to cover the cost of an answering service during your appointments.)

(3) **Billings :** Affordable fixed low monthly payment plans may be available upon request . Otherwise, please make payments at the close of each session - there is a 3.5% discount for cash payments. Only credit cards are accepted for distance healing sessions. To eliminate the need for secretarial staff and to keep costs lower for all clients, **itemized billing statements of your account will be provided as often as once monthly, but only upon your emailed request.** Late payments are charged a \$25 bookkeeping and billing fee. Also, after 30 days past due, interest may accrue on your outstanding balance at 1.5% per month. A \$5 additional service charge will be applied to all non-US credit cards.

(Please see side 2)

A NOTICE TO ALL HEALING CLIENTS

Healing sessions are a unique offering by Michael Ackerman. They are not a product of the Chiropractic educational training he received, but instead arose from the separate understanding and abilities he gleaned from years of study in India. It is hoped that these skills may serve to help people with their emotional issues and also enhance his ability to treat physical pain and disease, while working in his other profession as a chiropractic doctor. You are invited to take advantage of Michael's insights and methods for releasing the underlying emotional origins of stress, physical pain, and the various issues, challenges, and blocks you might have to reaching your personal life goals. Please note, if you are wishing to engage in this healing work to treat a serious psychological condition, physical problem or disease, you are strongly advised to have a medical doctor, psychiatrist, psychologist, and any alternative health practitioners you wish to concurrently provide you with care and proper treatment – that is, keep your approach "holistic" instead of one-sided, to achieve the best possible results. It is not advised that you stop prescription drugs without the consent of your doctor.

THE "SHADOW WORK" AGREEMENT

Sensitivity is often looked down upon and seen as a weakness in the business world and in our busy lives, while the ability to maintain our cool and calm exterior amidst great pressures and stress is often rewarded. Most of us have learned, therefore, to maintain an 'aloofness' or disconnection with respect to our emotional bodies, in order to feel less disturbances from the trying circumstances, situations, and people with whom we come into contact in the midst of our daily lives. In so doing, we leave large segments of our inner emotional world un-met and un-healed. After some time, even after we've achieved one or more of our outer goals, it is not uncommon to find that we still have not achieved the sense of the inner peace and joy we hoped would accompany our outward success.

During the healing process we are about to embark upon, we will be encountering and processing through large amounts of emotional issues which have never been fully faced or fully released. While this process is very natural (most children spontaneously know how to do it) this work does have a particular side-effect: it is likely that some of your previously switched-off emotional sensitivity will be regained, making you more aware of the unhealed emotional buttons (or wounds) which you are still carrying.

With this new found sensitivity, many things in life that you were tolerating and pushing out of your emotional consciousness will begin to become less tolerable. Thus, within the first several sessions, while a lot of improvement may be felt along the specific lines of the topics we face and process, you may become more sensitive to some of your issues in subject areas which we have not yet processed. This often prompts people to try to make radical changes in their outer lives, attempting to remove outer sources of stress and difficulty in an effort to restore equanimity and peace. Instead, however, patience is needed -- especially in the beginning -- so that we may continue to clear more and more of your emotional burden through "inner" work. This helps you to attain a true inner peace, in the midst of life's outer circumstances. For this reason, I ask all clients to make the following acknowledgment while we are working together and immersed in the upcoming healing process:

While I am working toward inner transformation, I acknowledge that I have been advised to make no significant changes in my outer life for 3 months from the date of our first session, including significant changes in my work, personal relationships, personal habits, exercise habits, diet, or changes of residence, etc., aside from those that I already have scheduled or to which I have previously committed.

Client Name _____

Signature _____ Date _____