

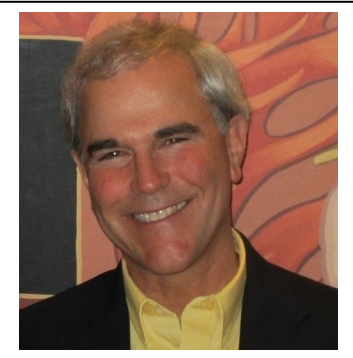
# THE CENTER FOR DEPTH HEALING

Dr. Michael B. Ackerman, DC

[www.Ljhealing.com](http://www.Ljhealing.com)

*"Michael has an unusual gift. Even over the phone he is able to lucidly assess many internal problems--both physical and emotional--and heal them. I consider Michael an invaluable ally on my spiritual and healing journey."*  
David Sawyer, President—"Context"; Portland, OR

Dr. Michael Ackerman is a chiropractic physician, medical intuitive, and distance healer. He spent three years in India studying under a world-renowned spiritual teacher, performing volunteer medical work and experiencing an inner transformation that radically changed his approach to life and healing. Now in addition to his chiropractic practice, he offers healing work which goes beyond the boundaries of most mainstream and alternative therapies, wedding Eastern and Western medicine--along with his spiritual insight--into a powerful synthesis to offer new help in eliminating the physical and emotional pain of others.



*"As a result of the years with my teacher in India, deeper intuitive abilities were opened within me, enabling me to see the internal wounds of others, to understand where they came from in the past, and to know how to rapidly release and heal them. I actually learned how to take on the pain from people's bodies, allowing it to pass through my own, as I progressively grew in spiritual awareness and non-attachment. After three years of continuously living and traveling with my teacher in India and around the world, she gave me her blessings to return to the U.S. and to practice this healing methodology in the West. For the lack of encountering any similar technique resembling it, I've decided to simply name this emerging work, "Depth Healing."*

Dr. Michael Ackerman has been in practice for 37 years. His background includes a bachelor's degree from Whitman College in the field of psychology. His graduate education was completed at the National University of Health Sciences in Chicago, where he held teaching assistantships in anatomy, biomechanics, radiology, and orthopedics. He was published nationally in a text on clinical chiropractic technique and graduated with honors as class valedictorian, receiving two degrees: *Bachelor of Science in Human Biology* and *Doctor of Chiropractic Medicine*.

Dr. Ackerman's original focus and specialization was in sports medicine. He worked with amateur, collegiate, and professional athletes from most sports backgrounds, including the New Orleans Saints and the Delta Festival Ballet Company. He was director of the *Sports and Family Chiropractic Center* in Monterey, California, and in 1997, after his transformative experience in India, founded *The Center for Depth Healing* in La Jolla, California.

Dr. Michael Ackerman currently sees patients in La Jolla and works by phone with people in the United States and throughout the world.

*"I was lying in intensive care with 4 broken ribs, immediately following an automobile accident. Despite severe pain, being a Christian Scientist, I would not accept any medication. I was so grateful for the help from Dr. Ackerman, who was able to fully take my pain away--over the phone."*

Kimberly Schulz, Minolta; San Diego

*"After flying to La Jolla from New Jersey, I was referred to Dr. Ackerman by the Deepak Chopra Center. My fibromyalgia was so severe, I could barely walk a block without having to sit and rest. After two weeks of treatment, I was running again, up to 4 miles per day. One year later I'm still symptom free!"*

Christine Purdie; Madison, N.J.

*"Over the past 4 years, I have found the weekly sessions with Dr. Ackerman to be truly transformational with my own personal issues and of great service in enhancing my professional work with psychotherapy clients."*

Mary M., Ph.D.; La Jolla, CA

*"My girlfriend and I are still together thanks to all of my work with Michael, who helped us to clear away many of the issues and challenges which periodically arose in our relationship."*

P. H., Architect, La Jolla, CA

*"I did years of wonderful work with Michael, but one cute story is how after just one session he cured me of my long-time daily addiction to ice cream!"*

Sarah Lord, Ph.D., Walnut Creek, CA

*"In addition to decreasing the frequency and intensity of my migraine headaches, on one notable occasion he took away painful back spasms that had been bothering me for several days, while talking to me on my cell phone during my son's soccer game."*

Dr. M. L., Internal Medicine, La Jolla, CA

1202 Morena Blvd., Suite 200  
San Diego, CA 92110

[drmichaelackerman@outlook.com](mailto:drmichaelackerman@outlook.com)  
(619) 687-7676